



SAGA Snippets

THE SAGA TRUST
PO BOX 35203, NORTHWAY, 4065
TEL 031-562-9951 CELL 066-003-9226 FAX 086-553-9615

EMAIL: SAGA@SAGA.ORG.ZA
WEB: WWW.SAGA.ORG.ZA
FACEBOOK: GunLobbySAGA

Women's Month Events Feedback

Message from Damian Enslin, SAGA Chairperson

SAGA held, supported and co-sponsored a number of Women's Day events through the month of August. There was a substantial increase in the number of events for ladies as well as the numbers of women that came out to participate in, and support such events. One of the bigger events had an amazing 77 ladies and one of the smallest had 18 ladies.

SAGA could not have held these events without the support of a number of SAGA corporate members and other corporates and individuals who gave financial or physical support. SAGA thanks the all the corporates, members and volunteers that supported these events.

3 August:

My Mom is my Bodyguard

'My Mom Is My Bodyguard: Women's Month Self-Defence Symposium', was the first SAGA sponsored event to be held during Women's Month 2024. Hosted by Ridwaan of SA Tactical Institute, this symposium was designed exclusively for women.



Women of all ages and backgrounds attended from young professionals, to mothers and grandmothers. The diversity of participants underscored the need for self-defence skills and the importance of women's participation.

The day began with a multimedia presentation that set the tone for the event presenters. Informative sessions covering a wide range of topics were held on:

Personal Safety Awareness - Experts highlighted the significance of situational awareness and how to recognize potential threats in everyday environments.

Legal Aspects of Self-Defence - Representatives provided an overview of the legal considerations surrounding self-defence, including the responsible use of firearms and the rights of individuals in threatening situations.

Mental Preparedness - Psychologists discussed techniques for managing

SAGA Snippets August 2024

Special points of interest:

- *Women's Month Events Feedback*
- *SAGA Corporate Membership List*
- *SAGA Personal Membership*
- *Indoor Ranges vs Outdoor Ranges*
- *Why We Practice*
- *5 Tips to Improve your Situational Awareness*
- *Mind Vision Break*
- *Unpacking SAGA Corporate Membership*
- *What it Takes*



Women's Month Events Feedback



ber and execute under pressure.

Use of Everyday Objects: Innovative sessions demonstrated how common items like keys, pens, and bottles could be used as improvised self-defence tools.

Firearm Safety and Handling: a controlled and secure firearm handling workshop, emphasizing safety and responsibility took place



This was not just about learning techniques but also about fostering a sense of community and self-defence empowerment.

The skills awareness that took place was substantial, and participants left with a focused understanding of the importance of upskilling and enhancing their ability to protect themselves and their families.

The success of this event was a testament to the collaborative spirit of the organizers and the unwavering commitment to enhancing the safety and confidence of women across the country. Feedback from participants was positive.

The importance of continued practice and awareness was reiterated; encouraging attendees to stay connected with the resources and training opportunities provided by the organizers and partners.

Shaun Lyle
KZN and South Cape SAGA Representative

9 August: Bellville Pistol Club Women's Day Event

fear and stress, helping women build mental resilience.

The highlight was undoubtedly the hands-on workshops and practical demonstrations. Skilled instructors, many of whom were seasoned martial artists and self-defence professionals, led sessions on:

Basic Self-Defence Techniques: Participants learned and practiced essential moves such as strikes and blocks. These techniques were designed to be effective yet easy to remem-

The Women's Day event was attended by 18 ladies who braved the major Cape Town weather and stormy/raining conditions to come out to the Bellville Pistol Club - some even came from as far as the West Coast and Rawsonville.

The ladies were treated to a scrumptious breakfast followed by a detailed briefing on Firearm Basic Safety, principles of shooting, types of operation, history of the Bellville Pistol Club, background on SAGA, NATSHOOT and also the various



Women's Month Events Feedback



uses of Firearms for Self-Defence and Sport shooting.

Thereafter each lady was offered an opportunity to shoot and compete in the Woman's Day RDR Championship with a handgun, Shotgun, Manually Operated Rifle & Self-Loading Rifle event for beginners hosted by Hamish Deal of Real Deal Resources.

This was followed by an amazing luncheon hosted for the ladies and then ended off with a Krav Maga Self-Defence demonstration and a Vehicle Safety Tip briefing. The day ended with a prize giving with Monica Jurgens taking Overall First place with 89% and Carmen Lerm winning the Quenet's Hunting & Fishing Grand Raffle Prize.

Many thanks to sponsors and supporters: RDR, NATSHOOT, SAGA, Quenet's, Bellville Pistol Club, Zero Point Down, Beretta, Mambo's Storage & Home, Lowensvlei Flowers, Krav Maga Supremacy, and The Talking Point.

Hamish Deal
Real Deal Resources



Women's Month Events Feedback

10 August: False Bay Sports Shooting Club Women's Day Shooting Experience

Almost 80 women put on their gumboots and heavy winter wear to brave the cold weather at Cape Town's most scenic shooting range.

Ranging from beginners to avid sports women, the ladies immediately encouraged each other – a truly heartwarming sight to behold, portraying the determination and courage of our South African women.

The ladies were able to try their hand at four different firearms, under the supervision of professional instructors from False Bay Firearm Training Academy, False Bay Sport Shooting Club, Clay Busters and Firmstone Security

Consulting Academy who all offered their time as volunteers.

The feedback from those who attended the event was overwhelmingly positive; to quote one participant: "Best thing about a range full of 80 women... is the hype whenever someone makes a good shot."

A special thank you to all our sponsors who made this spectacular event possible: SAGA, Beretta, False Bay Firearm Training Academy, CHS Guns & Ammunition, Suburban Guns, Clay Busters, Bushome Security Solutions

Without willing sponsors and participants such as the above-mentioned, vital events such as these would not be possible.

Aziza Scheidereiter
CHS Guns CC

Many thanks to the False Bay Sports Shooting Club, CHS Guns, False Bay Firearm Training Academy, Sponsors Beretta, Sothebys Realty International Southern Suburbs, NHSA, NARFO, and Medway Marketing





Women's Month Events Feedback

17 August: George Sports Shooting Club Women's Introduction to Firearms

This was the second annual George Sports Shooting Club women's range day. As founding sponsor and patron, SAGA (backed by NARFO) was proud to spend the day supporting hosts GSSC on the beautiful garden route. Some 20 other supporting sponsors all stepped up to make the day special.

The focus of the event was the introduction of new women shooters to firearms in sport, competition, hunting and self-defence, with an emphasis on the family.

The 40 women attendees were split into 4 groups and these then rotated between the 4 ranges to give them structured opportunities to experience and use different firearms and to maximise range time: Airguns, .22LR Rifles, .22 & 9mm handguns, and shotguns.

Briefings were presented on firearm safety and handling plus various shooting disciplines. Presentations emphasized self-defence considerations, proficiency, competency and licensing plus firearms in and around the home. Self-defence, legalities and firearms in the home with children and frequently asked



questions addressed in a conversation type format.

A mystery event had excited spectators treated to Eden County Gunslingers and a cowboy action shooting demonstration. Ten of the ladies were drawn to experience this firsthand, via a railroad heist scenario. The audience firing back with a volley of WHOOHA after each shooter's round.

The general sentiment from the women was "When can we do this again?" and "Now my husband will now need to take me along to the gun shop!"

Sincere appreciation is expressed to the organising committee; notably Anton & Leanne Meyer, Andre & Rhoda Grobler, the range officers and volunteers. SAGA extends a special vote of appreciation to SAGA corporate association member National Association of Responsible Firearm Owners (NARFO) for backing this specific event and making it possible.

Shaun Lyle
SAGA Representative for KZN and South Cape





SAGA Corporate Membership

SAGA Corporate Members ...professionally representing Firearm owners, Dealers & Associations at the highest level.

The members listed below and over the page are all proudly 2024 SAGA Corporate Members.

ASSOCIATION

CLAY TARGET SHOOT ASSOC
KAAPJAG (CAPE HUNTERS & GAME CONSERVATION ASSOC)
KZN HUNTING & CONSERVATION ASSOC
MILNERTON SHOOTING ASSOC
MOSSC SPORT SHOOT ASSOC.
NAACCSA
NATIONAL ASSOCIATION OF RESPONSIBLE FIREARM OWNERS
NATIONAL HUNTING & SHOOTING ASSOC
PHASA
PWAV/PAAA
SA DEFENSIVE PISTOL ASSOCIATION (SADPA)
SA WINGSHOOTERS ASSOC
SAAACA GAUTENG
SAAACA KZN
SAAACA MPUMALANGA
SOUTH AFRICAN TACTICAL SHOOTING ASSOC
SOUTH CAPE HUNTERS & CONSERVATION ASS
WESTERN SHOOTERS OF SA
ZULULAND HUNT & CONSERVATION ASSC

CLUB

BORDER HUNTING CLUB
BROADWAY SHOOTING CLUB
BUFFALO RIVER SHOOTING CLUB
CAPE SPORTING RIFLE CLUB
CLAY PIGEON ADVENTURES
DALTON RIFLE & GUN CLUB
EYE SHOOT SPORT SHOOTING CLUB
FALSE BAY SPORT SHOOTING CLUB
GEORGE SPORT SHOOTING CLUB
HILLANDALE SHOOTING CLUB
IMPALA SHOOTING CLUB
KOKSTAD SHOOTING CLUB
KWAGGA JAG & AVONTUURKLUB

LION MOUNTAIN RANGERS
MODDERFONTEIN SHOOTING CLUB
MONTANA PISTOL CLUB
NYATHI ANTI POACHING UNIT
RICHARDS BAY SPORT SHOOTING CLUB
ROCKY RIDGE SHOOTING CLUB
SABIE CLAY PIGEON CLUB
SHOOTING STUFF
SOMERSET WEST PISTOL CLUB
VEKTOR SHOOTING CLUB

DEALER

ARMS KING
ART OF AMMUNITION
CHS GUNS & AMMUNITION CC
CITY GUNS CC
FALSE BAY F T A(PTY)LTD
GUNS & BOWS CC
HILLCREST GUN SHOP
KINGS GUN SHOP
MILSPEC EQUIPMENT CC
MULTI-PLATFORM DIMENSION SHOOTING
VGK FIREARMS (PTY) LTD

TRAINER

ADVANCE TACTICAL
EXECUTIVE DECISIONS
SA TACTICAL INSTITUTE



....continued over the page



Continued...SAGA Corporate Membership

SECURITY

A.O.G SECURITY
ALPHA SECURITY & PATROLS
PANGOLIN SECURITY PRODUCTS
PREMIER SECURITY
SECURITY RESPONSE GROUP
STAR RAPID RESPONSE
STARLIGHT SECURITY SERVICES

MOBI-CLAW911
SOTHEBYS INTERNATIONAL REALTY
SOUTHERN RIGHT TREASURY
SYSDDEL CC
TARGET TRUCK SALVAGE (PTY) LTD
TAXIDERMY AFRICA
TURN TECH
WHYLO (PTY) LTD
WITTSTOCK RISK MANAGEMENT
CONSULTANCY

NEIGHBOURHOOD WATCH

HARLYN NEIGHBOURHOOD WATCH
HILLCREST PARK NEIGHBOURHOOD WATCH

BUSINESS

BRUCE SHAW TRUST
CLAYBUSTERS
GUNLICENCE.CO.ZA
LYALL MORGAN & ASSOCIATES
LYLE & ASSOCIATES
MATTHEWS ENSLIN INC
MEDWAY

Please support those that support SAGA!

Find out more about Corporate Membership by contacting us:

TEL 031-562-9951
WHATSAPP 066-003-9226
EMAIL saga@saga.org.za

SAGA Personal Membership

SAGA annual Membership fees are:

Adult R300
Pensioner/Junior R180
Family: 1x Adult @R300 plus any number of family members @ R100 each

Join via our website at www.saga.org.za

By being a member you keep us in 'business' and we are able to continue working for fair and just firearm rights for responsible firearm owners in South Africa.

Do you know someone who supports the right to own a firearm for lawful purposes? **Get them to join SAGA today.**

The SAGA office is now available on WhatsApp on our cell-phone number **066 003 9226**.





Indoor Ranges vs Outdoor Ranges

By Kevin Creighton
11 August 2024

Gun ranges come in two flavors: Indoor ranges and outdoor ranges.

A typical indoor range has each shooter stand in their assigned booth with a target that moves back and forth, out to distances that can range from 3 yards out to 100 yards.

Outdoor ranges, on the other hand, come in two flavors. The first is a pistol bay or other open area, where the shooter has an enclosed area to themselves and can set up targets as they like and replace or move them on their schedule. The second type is similar an indoor range, where each shooter has an assigned lane and the targets are set up for each shooter. However, unlike an indoor range, each shooter has to wait for the others shooters to stop and make their guns safe, then go down range and set up a new target or moving their target to a new distance, along with all the other people at the range.

How does the actual shooting experience compare between an indoor range versus an outdoor range?

Advantages Of An Outdoor Range

The lack of a roof on an outdoor range can put you at the mercy of the elements, but it also means the noise of your gun and all the guns around you disperse into the air and don't echo back and forth around the walls of your range. Multiple people shooting rifles indoors can be a little overpowering, even with top-notch ear protection.

On top of this, there's the ventilation question. Firing a gun produces all sorts of noxious fumes and sends a small pellet of copper and lead into the target. Neither of those metals are particularly wonderful for your body, which is why indoor ranges like Shooter's World spend lots of money on top-notch filtration systems to cleanse the air of all this nasty stuff.

Let's Step Inside

Aside from its weather-proof nature, one of the biggest advantages of an indoor range is that they're probably easier to get to than an outdoor range.

Which Is Right For You?

If I'm honest, I prefer the flexibility of having a shooting bay all to myself. I can set up targets at whatever distance and configuration I want, and don't have to wait for a range officer to call the line cold before I adjust them.

However, there is a lot to be said for the convenience and ease of use of an indoor range. I've had many training days cut short by nearby lightning strikes, so there are advantages to being able to shoot when the weather turns nasty.

In the end, though, the important thing is that you get your practice in and push yourself to be better, no matter if it's on an indoor range or an outdoor range. Get out to the range, and practice as if your life depends on it. Because someday, it just might.

Extracted and shortened from:
[https://www.shootingillustrated.com/
content/indoor-ranges-vs-outdoor-ranges/](https://www.shootingillustrated.com/content/indoor-ranges-vs-outdoor-ranges/)



Why We Practice

<https://www.shootingillustrated.com/content/why-we-practice/>

by Sheriff Jim Wilson
17 August 2024

There is no question that shooting skills are quickly diminishing skills. Simply put, if you don't practice, you lose the edge. And the longer one goes without shooting practice, the worse it gets.

For the defensive shooter, when your life may be on the line, practice is not an optional activity. When you are really serious about personal defense, you don't find time to practice; you make time.

Over the years, I have tried to find ways to get the most out of my practice sessions. I quickly found that marathon sessions, spending hours at the shooting range, were generally a waste of time. Short sessions, where I really focus, seem to be the most productive.

In addition, I begin a day's range session with particular goals in mind. In my case, I don't have trouble remembering things like proper grip and sight picture. I do have trouble, however, producing a smooth trigger press. So, I might begin my session with a goal of producing five smooth trigger presses in a row. And, as a general rule, I work on accuracy issues first and then go on to the speed work.

For me, the important thing is to really bear down and practice the basics when I first get to the range. It doesn't have to be a long session, but I want it to be as perfect as I am

able to produce on that particular day. Following that, I am ready to then enjoy the camaraderie of other shooters, test some new guns, or just generally enjoy putting some lead downrange. The key is that the important stuff came first, and I gave it my undivided attention.

I also cannot over-emphasize the importance of dry practice at home. Again, I work on that danged trigger press but also the draw stroke. Dry practice with dummy ammo is also a good time to tune up on the speed reload and the tactical reload. In any defensive practice safety is important and it is even more important during dry practice. Be advised.

Whether at the range or at home, I like to keep my serious practice sessions rather short. If I work for 10 or 15 minutes and really concentrate, I find that is more valuable than practicing until I get tired. Otherwise, I reach a point where all I am doing is wasting time and ammunition.

I frankly don't have a lot of sympathy with those who never seem to find the time to practice. It has been my observation, over the years, that folks generally find the time and means to do the things that they really want to do.

The serious defensive shooter makes the time to practice, period.

Practice Matters!

5 Tips to Improve Your Situational Awareness



<https://www.nrawomen.com/content/5-tips-to-improve-your-situational-awareness>

by Jo Deering
15 July 2024

NRA Women know by now that they should remain in Condition Yellow in public, casually observing the world around them rather than being oblivious to their surroundings (Condition White).

In the self-defense world, many refer to this as situational awareness. Being aware of what's going on around us is a crucial skill to keeping ourselves safe and avoiding trouble before it starts, but unfortunately, situational awareness isn't a thing we're born with—it's a skill we must develop and practice mindfully. These five tips will help you.

1. Put Your Phone Away

I know—it's boring and cliché to tell people to put their phones down, but it's an undeniable fact that you miss a whole lot of what's happening around you when your face is buried in your phone. While you're scrolling through Tik-Tok, how many people have moved in and out of your periphery? If you're walking, riding or (God forbid) driving, how much ground did you cover that you really have no memory of? The fundamental basis of situational awareness is paying attention to your surroundings, and putting your phone down when you're in public, or at least when you first enter a new public space until you get a feel for it, is the first step.

2. Look and Really See

Casually scan around you as you enter a room and periodically as you remain in it. When you're walking down the street, through a grocery store or across a parking

lot, scan left and right and up ahead of you—maybe even behind you occasionally. This isn't difficult once you train your brain to put the phone down and do it, but the problem is that looking and seeing are not the same.

I don't know about you, but more than once I've made the massive mistake of pulling up to a stop sign, jerking my head to the left and then to the right, putting my foot on the gas and pulling out into an intersection even as my brain is finally registering, "Oh crap, there's a car." When that happens—and I'm being more deliberate these days so it happens less frequently, I promise—it's because I already knew what I wanted to do (pull out), and I knew what I was supposed to do to execute it safely (look left and right), but I simply went through the motions of looking without actually seeing. I moved too quickly, and my brain didn't have time to send the "there's a car there, don't go yet!" message to my foot.

Don't make this mistake when you're working on your situational awareness. A simple glance around isn't going to make you aware of your surroundings if you don't take a second to register what you're actually seeing.

3. Know What to Look For

What are you looking for in that scan? You're separating everything you see into categories: Normal/Ignore, Abnormal/Ignore, Abnormal/Keep an Eye On and, rarely, Immediate Problem.

Almost everyone you encounter or pass will be in the Normal/Ignore category. This is everyone else just riding the train or buying groceries or going about their day. They're doing what normal people do in whatever space they're in, and there's no reason to think they pose any sort of threat, so you can safely ignore them unless their status changes.

Abnormal/Ignore are people you assess because they stand out, but you can immediately determine they're also no threat to you. A toddler screaming in the cereal aisle is not displaying normal human behavior, but she poses no threat, so you can safely ignore her.



Continued...5 Tips to Improve Your Situational Awareness

Abnormal/Keep an Eye On are the potential problems. This is anyone who seems out of place in a way that could potentially indicate a problem. A guy wearing a thick hoody, hood up, hands in pockets, in July. Three teenagers loitering in a parking lot (who does that?). A homeless woman muttering to herself and approaching passersby. All of these people are exhibiting behavior that's outside the social norm for their location and have the potential to develop into a concern. They're not a problem yet, but you should keep an eye on them and see what happens, and definitely give them a wide berth.

Immediate Problems are rare and obvious, and if you see anyone who's clearly a safety concern, get out.

Your brain will do this categorizing very rapidly and automatically, so you won't actually be checking each person off on a list, but knowing who you can safely ignore and who you should pay attention to is valuable in keeping you focused on the right things.

4. Make Note of Exits, Escape Routes and Hiding Spots

When you enter a room or any public space, as you're completing your initial scan, make a mental note of where the exits are—including windows, fire escapes, stairwells and doors that lead to other rooms if not an exit. These are all your potential escape routes if there's an emergency, whether that be an active shooter or a fire or just an overly chatty soccer mom you'd like to get away from.

Also pay attention to funnel points, or areas that everyone is likely to cram into in an emergency and cause a traffic jam. If there's a problem and 100 people head to the main exit, but only two people can shove themselves out the door at a time, you'll be stuck in that bottleneck unless you head for an alternate exit. If possible, you want to know at least two ways to get out of any space you enter, even including two paths to get back to your car from an outdoor space. And as they say on an airplane, keep in mind that the closest exit might be behind you.

If escape routes are slim, make note of potential hiding spots where you can find cover or at least some concealment in case a fight breaks out and people start throwing things or getting shoved around.

5. Beware Distractions

After your initial scan when you enter a space, you should continue to pay attention to what's around you—tuning out the Normal/Ignores and the Abnormal/Ignores unless their status changes, make note of any new people entering the space or new developments up ahead. This doesn't have to be people, either; it could be a wobbly bicyclist that looks as if she could sway off the bike path and into pedestrian traffic, or a rickety tree branch that might fall, or a red light ahead that could turn green at any moment.

All that stuff can get sorted into Ignore and Keep an Eye On categories, too, but the key is to avoid distractions. I'm not saying you shouldn't talk to people or engage in anything while you're out and about, but it's hard to keep an eye on what's going on around you if you're focused on a barking dog, an adorable baby, your ringing phone or your screaming toddler. Do what you've got to do, and address those things as needed, but don't get so sucked in that you become oblivious to everything else.

Situational awareness isn't some mystical, unobtainable thing. It might not come naturally, but it can be learned, and at the heart of it, it's really just about paying attention to what's going on around you. Developing a few simple habits, like staying off your phone in public, scanning your surroundings, making notes of any potential problems, and always identifying exit routes will help you take charge of your personal safety and develop the type of simple situational awareness that will allow you to maintain Condition Yellow without stressing yourself out.



Mind Vision Break

by Steve Tarani
25 August 2024

The late 14th century marked the beginning of a significant transformation in warfare with the introduction of firearms. The earliest recorded use of firearms in battle dates to 1364 during the Battle of Laupen in Switzerland. This period witnessed the first incidents where gunpowder-based weapons were used on the battlefield, representing a revolutionary shift from traditional melee weapons or swords, bows and crossbows.

By the early 16th century, battles such as Marignano (1515), Bicocca (1522), and Pavia (1525) were pivotal in demonstrating the increasing dominance of firearms in warfare. The Battle of Pavia was a turning point, where the Spanish forces' use of firearms contributed significantly to their victory over the French. It is traditionally ascribed as the first time in history that the speed and accuracy of firearms won a decisive victory.

The introduction and evolution of firearms from the late 14th to the early 16th century marked a significant shift in the nature of warfare. Initially used more for their psychological impact than battlefield effectiveness, firearms gradually became decisive tools of war, as seen in the early 16th-century battles between France and Spain. The psychological aspects included the mental (mind) impact of a high-velocity projectile and the visual flash (visual) and auditory boom (break) were unknown to humans prior. The lessons learned from experience during these early battles continue to influence both combat and competition shooting to this day.

Intentional Process

The formula for shooting well is to bring stability to alignment and press off the shot without disturbing that alignment. The subprocesses of this archetype formula include the mechanical, mental, visual and intentional processes, each of which is a study all on its own.

Most shooters have a functional understanding of the mechanics (gun handling), visual (irons versus optics) and mental (procedural),

but few put warranted effort into the intentional process.

At the higher levels of performance, you should be able to move the gun rapidly between targets and make precision hits at lower time intervals. The anchor point of success to this is hidden in the intentional process.

The intentional process is simply a matter of intending for your shot to land exactly where you want it and maintaining that intention all the way through and during your breaking of the shot. Very simple to intend for something to happen but not as easy to hold that intention throughout the entire shooting process, especially under duress.

Mental Visual Break Process

As with all processes there is a step-by-step recommended procedure comprising the mental-visual-break process.

Step one is to have the intention to place the round exactly where you want it. For example, you're standing at the 10-yard line, and you intend for that round to be placed in the visual center of that "A" box in the middle of your target. You have now created the intention to place the round where you want it.

Step two is to reach out with your mind and touch the target. Yes, grab a piece of that visual center of the target with your mind while maintaining your intention. The body cannot go where the mind has not been, so your mind must be there first. Steps 1 and 2 are the mental part of the process.

Step three is to grab the center of the target visually—that is, acquire visual control of the center of that target. Step three is the visual part of the process.

In step four, you establish stability of the muzzle by placing it in alignment with your intended landing spot.

Step five is to precisely press that trigger breaking the shot while maintaining, positive visual control of the visual center of the target while maintaining your intention to place



Continued... Mind Vision Break

the round exactly where you want it, without changing grip pressure.

Steps four and five illustrate the break process. The mental-visual-break process, is easy to understand of course, but not as easy to perform – especially at reduced times and under significant accuracy requirements.

Layered Process Training

There is a secondary training consideration referencing the mental-visual-break process. The consideration is two different training approaches or methodologies. One is for skills development and the other to develop your performance.

Training for skills development is where individual skills can be isolated and broken down to their subcomponent parts. For example, a trigger press is part of a pistol presentation. Isolating just the trigger press helps to develop skill at a higher control level, and you may run a series of trigger-manipulation drills. Each drill, one at a time, is working only on the precision of the press itself.

Training for performance of those skills is a different animal. Here you are combining Skill A with Skill B and possibly with Skill C. By switching from an isolated skill drill to task-stacking subset skills to deliver performance under time pressure, you have introduced the additional component of continuity between the isolated tasks (skill drills). It's a real thing and requires as much if not more work effort as the individual skills.

Gaining proficiency in the mental process, the visual process and then breaking the round without breaking the other processes in an unimpeded flow, is both an art and a science. Training each task individually and then together as a complete skillset is what brings the seasoned shooter closer to consistent on-demand performance.

<https://www.shootingillustrated.com/content/mind-vision-break/>

Unpacking SAGA Corporate Membership

Any institution lives or dies by its clients, customers and members, and in a non-profit's case this is even more critical.

At SAGA more members means the more we can do for firearm owners, the industry AND the stronger our lobby group is when fighting the critical firearms fight with the highest levels of government.

HELP us help you and sign up your company or business as a Corporate Member. Please don't be put off by the word 'Corporate' it simply means any business entity no matter how small or big - it does not refer only to JSE listed entities!

Our Corporate members include a variety of types of businesses and clubs/associations ranging from small one-man-band businesses, through small to medium clubs to massive shooting associations and distributors.

All Corporate Members appear on the monthly list in Snippets which is circulated to members and allied entities throughout the firearms community. Let's all stand together to ensure our collective voices are heard.

If you have a business or are a decision maker in an organization then please encourage membership -

- Clubs R750pa
- Small Businesses R750pa
- Associations R950pa
- Firearm Dealers R950pa
- Other Businesses R950pa

Simply use the QR code here or email the team at SAGA at sa-ga@saga.org.za

It's quick, it's easy, it's painless and you will make a huge difference to the cause.





What it Takes

<https://www.shootingillustrated.com/content/what-it-takes/>

by Sheriff Jim Wilson

24 August 2024

It all started when our patrol division caught three armed robbers in the act. This trio had been hitting convenience stores all over the metroplex area, and it was quite a catch for our uniformed division. My involvement came about when one of the crooks gave a written confession and even agreed to be interviewed by our Crime Prevention unit.

Accordingly, we drove this fellow around town getting him to critique the various convenience stores from an armed robber's perspective. He showed us some stores where one could park the getaway car in the dark on the end of the building virtually out of sight. Other stores had a large cooler holding bags of ice in such a location that the guys could use it for concealment while putting on their ski masks. He showed us other stores that had so many posters on the glass front that you really couldn't see what was going on inside. All of which was very interesting, and was valuable information that we could go to the store managers and suggest they get corrected at little, or no, expense.

But there was one store that he said they wouldn't hit because of the night clerk. He described the middle-aged male clerk as a "cowboy." What he meant was that this was the kind of clerk who caused problems for armed robbers. First of all, this guy would actually look at you and greet you when you walked into the store; looking at you in a way that meant he would probably be able to describe and recognize you later. Our crook also said that this was usually the kind of guy who kept a gun under the counter which, in this case, was exactly right. So this store had been avoided simply because one man looked like a hard target.

My point for armed citizens is that we should all give thought to how we look and act in regards to giving the impression that we are a hard target. While it is usually a mistake to go around acting like we are Wyatt Earp Junior, it is an excellent idea to give the appearance of being alert and unafraid. With some thought and practice, we can do this while still being polite and soft spoken. You stand erect with your head on a swivel and if you have any fears, you keep them to yourself. It would also be a good idea to be dressed in a manner that is appropriate to the time and occasion; keeping in mind that how we dress speaks to our personal pride and confidence.

Finally, I would point out that these crooks looked at this night clerk and assumed that he would be armed. They may very well look at you the same way. Hopefully this will encourage them to avoid contact. But, if they do press the assault, you should be aware of this and be ready and willing to act accordingly to ruin their day if at all possible.

What message does your appearance and conduct give off to those around you? What can you do to improve that image and, thereby, possibly avoid a criminal attack?